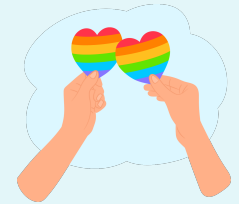




Parents and Caregivers of LGBTQIA+ Children of All Ages Group



Facilitated by: Gender and Sexual Orientation Specialist Sarah Harry, (she/her), MA, LPCC



This 6-week long group meets in person on Thursdays from 5:30 pm – 7:30pm. Each group series is capped at 6 members.

6 Week Schedule:

WEEK 1:

Agreements, Guidelines, What to Expect, Hopes & Goals.

WEEK 2

All About Gender and All About Sexuality. Learning and Understanding.

WEEK 3:

Statistics About LGBTQIA+ Youth and Adults. Why Does This Matter?

WEEK 4:

Relationship with Your Child: Grief, Loss, and Healing. Processing Emotion.

WEEK 5:

Acceptance, Allyship, Advocating, and Affirming. How and Why?

WEEK 6:

Resiliency. Review Hopes and Goals. Review Resources. Close the Group.

The package includes:

- A 30-minute screening appointment with Sarah. This includes time to discuss goals, needs, and wants of the member.
- Focused content, support and information from Sarah
- Extensive resource list to support yourself and your child.
- Cost of Group Series: \$100 per week.
- Private pay with possible discount based on needs.

If you are the parent or caregiver of a child who is LGBTQIA+ you may be confused, lost, feeling alone and/or unsure of how to support your child. This group is designed to be a safe place to learn, process, explore grief and healing, and be supported by a professional while connecting with other parents.

Contact Sarah for the next available start date information.



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